

NCPA

TIMELY TOPICS 2025



February 15, 2025

REGISTER
TODAY

ATTEND ALL DAY
AND EARN

3 CE ETHICS Category A credits for telehealth in the morning
and
3 CE Category A credits in the afternoon.

www.ncpsychology.org

Speaker honoraria for this event are being
underwritten by the
Dr. Antonio E. Puente Lecture Fund

SATURDAY MORNING (9:00AM TO 12:15PM)

The Practice of Tele-mental Health and Use of Social Media: Ethical, Legal, and Clinical Issues for Practitioners

with Jeffrey E. Barnett, PsyD, ABPP

(3 hours of Cat. A ETHICS CE - also counts as your 3 hours of telehealth requirement for PsyPact holders)

A wide range of technologies to include the Internet, e-mail, text messaging, social media, and Apps have altered mental health practice for so many clinicians and their clients. This workshop will provide information about the ethical, legal, and clinical issues relevant to integrating various technologies into our practices, the practice of tele-mental health, and the use of social media in our professional and personal lives. Common pitfalls, challenges, and dilemmas in each of these areas will be discussed, information on decision-making and best practices will be provided, and specific guidance will be provided on decision-making relevant to the use of various technologies in clinical practice. Clinical examples are provided to illustrate some of the benefits and challenges of utilizing these technological innovations in clinical practice. Particular attention will be paid to the provision of tele-mental health services to minors and their families.

By the end of this workshop, participants will be able to:

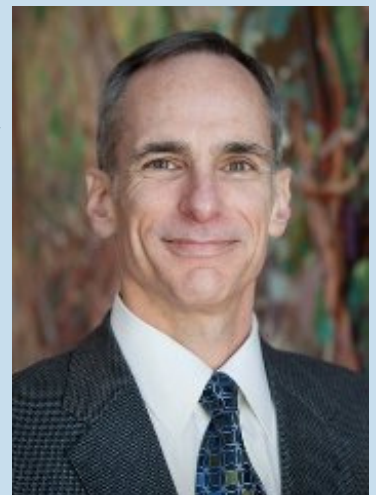
1. describe the appropriate uses of tele-mental health and its limitations,
2. explain a decision-making process for determining the most appropriate tele-mental health modalities for each client,
3. articulate the legal issues all mental health clinicians must be aware of and address when practicing tele-mental health across state lines, and
4. explain the risks associated with participation in social media and how to best address them.

Instructional Level: Intermediate

Educational Format: Lecture and discussion

Instructor:

Jeffrey E. Barnett, Psy.D., ABPP is a licensed psychologist and is board certified by the American Board of Professional Psychology in Clinical Psychology and in Clinical Child and Adolescent Psychology. Additionally, he is a Distinguished Practitioner in Psychology of the National Academies of Practice. He also is a Professor of Psychology at Loyola University Maryland. He is a nationally recognized expert in ethics and legal issues for mental health professionals and has served as chair of the ethics committees of the Maryland Psychological Association, the American Psychological Association, and the American Board of Professional Psychology. He also has served as the Vice Chair of the Maryland Psychology Licensing Board. Dr. Barnett has numerous publications to include 13 books and over 250 articles and book chapters and over 400 professional presentations that focus on ethics, legal, and professional practice issues for mental health professionals. Among many other awards, he is the recipient of the APA's Outstanding Ethics Educator Award.



References:

Available upon request. Please email Karen at karen@ncpsychology.org

SATURDAY AFTERNOON (1:30PM TO 4:45PM)

Promoting Mental Wellness and Trauma-Informed, Community-Led Suicide Prevention in Acute- and Post-Disaster Response: Using Psychological First Aid and Beyond

with Robin Gurwitch, PhD (Professor and Clinical Psychologist)

Duke University Medical Center, National Center for Child Traumatic Stress, and Center for Child and Family Health

Angela M. Tunno, PhD, MS (Assistant Professor and Clinical Psychologist): Duke University Medical Center, National Center for Child Traumatic Stress, and Center for Child and Family Health

(3 hours of Category A CE)

When disasters strike, Psychological First Aid (PFA) is considered the best immediate response to provide emotional support to those impacted by such events. PFA is an evidence-informed modular approach to help children, adolescents, adults, and families in the immediate aftermath of disaster and terrorism. PFA is designed to reduce the initial distress caused by traumatic events and to foster short- and long-term adaptive functioning and coping. Our NC communities, especially in Western NC, will continue to benefit from PFA. We also know that suicide risk can increase after natural disasters; especially in the two years post-disaster, raising the need for trauma-informed, community-led, suicide prevention efforts. This “just-in-time” PFA training will focus exclusively on Hurricane Helene and will provide participants with the knowledge and skills necessary to use PFA in aftermath of this disaster. In this training, we will also talk about the importance of mental health support and suicide prevention for those most impacted by Hurricane Helene.

By the end of this workshop, participants will be able to:

1. discuss the purpose of PFA after Hurricane Helene,
2. list at least 4 common reactions of adults/children in the aftermath of Hurricane Helene,
3. discuss reasons why cultural considerations must be part of PFA implementation,
4. discuss the importance of understanding and addressing suicide risk after disasters while learning approaches to trauma-informed, equity-focused suicide prevention efforts, and
5. discuss the importance of self-care for the PFA-provider.

Instructional Level: Basic

Educational Format: Lecture, discussion and small group exercises

Instructors: **Dr. Robin H. Gurwitch**, a Clinical Psychologist and Professor at Duke University Medical Center, devotes much of her time to understanding the impact of trauma/disaster/mass violence, ways to increase resilience, cope with grief/loss, and address significant stressors. With the National Child Traumatic Stress Network (NCTSN) since 2001, she is Co-PI of NCTSN’s NEW DAY program which is focused on disasters and mass violence. Additionally, Dr. Gurwitch is one of only 21 PCIT International Global Trainers, co-developer of PCIT’s Trauma Directed module, and co-developer of Child Adult Relationship Enhancement (CARE) and adaptations, including for use after disasters/mass violence.



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She is an APA Fellow in several divisions. Collaboration and partnerships are the watchwords of her clinical, research, training, and material development activities.

Link to Duke Bio: <https://psychiatry.duke.edu/profile/robin-gurwitch>



Dr. Angela M. Tunno is a Licensed Clinical Psychologist and Assistant Professor whose area of specialty include clinical, research, advocacy, policy, and social justice efforts focused on the impact of trauma and systemic inequities for children, youth, and families. In addition, she has a specific clinical and research focus on the intersection of trauma exposure and high-risk behavior (e.g., suicidal thoughts/behavior, substance use). Collaboration; partnering with youth, families, and adults; and cultural humility are at the foundation of her clinical, research, systems, and community work. She values true partnership and the importance of

community-led efforts to build collective methods to prevention and intervention.

Link to Duke Bio: <https://psychiatry.duke.edu/profile/angela-marie-tunno>

References:

Available upon request. Please email Karen at karen@ncpsychology.org

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Virtual Conference Information

Date and Time:

Saturday, February 15, 2025

9:00am - 12:15pm: Morning Workshop

The Practice of Tele-mental Health and Use of Social Media: Ethical, Legal, and Clinical Issues for Practitioners

(with a 15-minute break)

3 hours of Category A Ethics CE (also counts as your telehealth requirement if you are a PsyPact holder)

12:15pm - 1:30pm: Lunch Break

1:30pm - 4:45pm: Afternoon Workshop

Promoting Mental Wellness and Trauma-Informed, Community-Led Suicide Prevention in Acute- and Post-Disaster Response: Using Psychological First Aid and Beyond

(with a 15-minute break)

3 hours of Category A CE

Registration Deadline:

Preregistration is required. Register by Thursday, February 13 at 11:59pm.

Refund Policy:

No refunds on or after Wednesday, February 12. All refunds are minus a \$25 processing fee.

Continuing Education Information:

These workshops are sponsored by the North Carolina Psychological Association (NCPA). NCPA is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists. NCPA maintains responsibility for this program and its content.

Attendance Requirement for CE Credit:

To receive CE credit, you must attend the entire workshop. No credit will be given to participants who are more than 15 minutes late at the beginning of the workshop. You must be present at the close of the workshop and sign-in and sign-out. You may not be excused early. Partial credit is not provided.

[Click here to register online now.](#)

Registration Form

Registration Deadline is Wednesday, February 13 at 11:59pm.

Name: _____ Degree: _____

Profession: _____

Email: _____

Phone: _____

February 15, 2025

_____ **Saturday Morning:**

The Practice of Tele-mental Health and Use of Social Media: Ethical, Legal, and Clinical Issues for Practitioners*

(3 hours of **Ethics** Category A)

*Also meets the requirement for those who need telehealth credit

_____ **Saturday Afternoon:**

Promoting Mental Wellness and Trauma-Informed, Community-Led Suicide Prevention in Acute- and Post-Disaster Response: Using Psychological First Aid and Beyond

(3 hours Category A)

NCPA Members

Full Day - \$140

Half Day - \$ 75

Non-NCPA Members

Full Day - \$200

Half Day - \$105

NCPA Student Members - Full Day - \$45

NCPA Student Members - Half Day - \$25

Registration Form - [Click here to register online](#)