

NORTH CAROLINA

Educators & School Staff

**Do you or your family members need
FREE emotional support from being
on the COVID-19 frontlines?**

*Feeling stressed?
Want to talk?*

NORTH CAROLINA HELPLINE
FREE & CONFIDENTIAL

HOPE  4 HEALERS

(919) 226-2002

In partnership with the NC Department of Health and Human Services
and the North Carolina Psychological Foundation