

Lunchtime Learning: April 18, 2024 at Noon

The Role of Social Determinants in Mental Health Outcomes
with Margarita Alegría, PhD, Chief, Disparities Research Unit, Department of Medicine, Massachusetts General Hospital; Professor, Departments of Medicine & Psychiatry, Harvard Medical School

In this presentation, Dr. Alegría will discuss the most recent frameworks and models of social determinants of mental health as well as research on social determinants interventions that have shown promise to improve mental health outcomes. In addition, Dr. Alegría will present innovative approaches and policy/systems-level approaches that are currently being used and tested to improve mental health. Dr. Alegría will also present the results of one of her research studies examining how referrals to social needs resources impact the mental health and quality of care outcomes for minoritized adults in Massachusetts and North Carolina.

Fee: NCPA Members - \$20.00; Non-members - \$45.00

Instructional Level: Intermediate

Educational Format: Lecture

Learning Objectives:

By the end of the institute, participants will be able to:

1. identify at least two protective factors added to the American Psychiatric Association's expanded definition of social determinants of mental health,
2. describe at least two interventions addressing social determinants that have shown promise at improving mental health and name the socioecological level the intervention targets, and
3. name and describe two challenges with researching social determinants of mental health.



Instructor:

Margarita Alegría, PhD is the Chief of the Disparities Research Unit at Massachusetts General Hospital and the Mongan Institute, the Harry G. Lehnert, Jr. and Lucille F. Cyr Lehnert Endowed Chair at the Mass General Research Institute and a Professor in the Departments of Medicine and Psychiatry at Harvard Medical School. She has spent her career examining how to reduce health disparities for populations of color, immigrants, and linguistic minorities. Dr.

Alegría is currently the PI of three National Institutes of Health (NIH)-funded research studies: Building Infrastructure for Community Capacity in Accelerating Integrated Care, Building Community Capacity for Disability Prevention for Minority Elders, and Latino Youths Coping with Discrimination: A Multi-Level Investigation in Micro- and Macro- Time. She is also PI of a Robert Wood Johnson Foundation grant assessing opportunities to establish institutional, policy and systemic changes to increase racial/ethnic diversity in academic health sciences. She has published over 300 papers, editorials, intervention training manuals, and several book chapters. In October 2011, she was elected as a member of the National Academy of Medicine in acknowledgement of her scientific contributions to her field. She has also been a recipient of notable awards such as the Simon Bolivar Award by the American Psychiatry Association (2009), the Rema Lapouse Award by the American Public Health Association (2020) and the Lifetime Achievement Award for Latino Behavioral Health Research by the National Latino Behavioral Health Association (2021). Most recently, Dr. Alegría received the 2022 Inclusive Voices Award by the American Association for Public Opinion Research. Dr. Alegría received her B.A. in Psychology from Georgetown University in 1978 and her Ph.D. from Temple University in 1989.

Continuing Education Information: This workshop is sponsored by the North Carolina Psychological Association (NCPA). NCPA is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists. NCPA maintains responsibility for this program and its content. **This workshop is offered for 1 hour of Category A credit.**

Attendance Requirement for CE Credit:

To receive CE credit, you must attend the entire workshop. No credit will be given to participants who are more than 5 minutes late at the beginning of the workshop. You must be present at the close of the workshop and sign-in and sign-out. You may not be excused early. Partial credit is not provided.

Citations: Available upon request.