

## The JEDI Committee Presents Lunchtime Learning: November 21, 2024 at Noon Virtually

### Cultural Identity Assessment with Effua E. Sosoo, PhD

Though many clinicians are passionate about justice, equity, diversity, and inclusion, it can be challenging to initiate conversations about cultural identity with clients or supervisees in an authentic and gentle manner. This interactive workshop will provide an overview of three methods that can be used to assess cultural identity. The Cultural Identity Wheel, will be highlighted as an efficient and effective method to foster an ongoing discussion about various diversity factors.

**Fee:** NCPA Members - \$20.00; Non-members - \$45.00

**Instructional Level:** Basic

**Educational Format:** Lecture

#### Learning Objectives:

**By the end of the institute, participants will be able to:**

1. describe three approaches to cultural identity assessment,
2. compare the strengths and limitations of each approach, and
3. use the Cultural Identity Assessment with clients and supervisees.



#### Instructor:

**Dr. Effua E. Sosoo** earned her PhD in 2021 from the Clinical Psychology program at the University of North Carolina at Chapel Hill. Her research focused on racial discrimination's physiological and psychological impacts on Black individuals. Dr. Sosoo completed her internship at the Bureau of Prisons and her postdoctoral fellowship at the Durham Veterans Affairs Health Care System (DVAHCS). Dr. Sosoo is currently a Behavioral Health Interdisciplinary Program Psychologist at DVAHCS. She is also the owner of Even Still, PLLC, a private practice that offers culturally informed and evidence-based therapy services. Her clinical interests center on serving and empowering Black and marginalized individuals.

**Continuing Education Information:** This workshop is sponsored by the North Carolina Psychological Association (NCPA). NCPA is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists. NCPA maintains responsibility for this program and its content. **This workshop is offered for 1 hour of Category A credit.**

#### Attendance Requirement for CE Credit:

To receive CE credit, you must attend the entire workshop. No credit will be given to participants who are more than 5 minutes late at the beginning of the workshop. You must be present at the close of the workshop and sign-in and sign-out. You may not be excused early. Partial credit is not provided.

**Citations:** Available upon request.