#### February 20, 2025 at Noon Virtually

#### A Developmental Psychopathology Approach to Youth Self-Injurious Thoughts and Behaviors with Adam Bryant Miller, PhD, Associate Professor, UNC Chapel Hill

This presentation will cover several recent NIMH funded research projects examining youth self-injurious thoughts and behaviors from a developmental psychopathology perspective. Rates of suicide among youth under the age of 12 have increased in recent years; yet, we know very little about how children experience self-injurious thoughts and behaviors. This presentation will discuss current approaches to assessing suicide risk in young children and describe initial data about self-injurious thoughts and behaviors among preteens.

Fee: NCPA Members - \$20.00; Non-members - \$45.00

Instructional Level: Intermediate

Educational Format: Lecture and Discussion

## **Learning Objectives:**

## By the end of the institute, participants will be able to:

- 1. name four developmental psychopathology principals that apply to youth suicide risk,
- 2. describe one main problem with an ideation-to-action framework for understanding suicide risk among youth, and
- 3. list two different types of suicidal ideation that youth make experience.



# Instructor:

Adam Bryant Miller, PhD is the Associate Director of the Child and Adolescent Anxiety and Mood Disorders Program (CHAAMP). He received his PhD in Clinical Psychology from George Mason University in Fairfax, Virginia. He completed his predoctoral internship at the University of Washington School of Medicine and Seattle Children's Hospital. Dr. Miller completed a National Research Service Award funded postdoctoral research fellowship at the University of North Carolina at Chapel Hill (UNC) in the Department of Psychology. He completed his undergraduate

studies at UNC. Dr. Miller's program of research focuses on identifying psychological and neurobiological mechanisms linking early childhood adversity exposure with risk for suicide across the child and adolescent developmental trajectory. He is a licensed psychologist in the state of North Carolina.

**Continuing Education Information:** This workshop is sponsored by the North Carolina Psychological Association (NCPA). NCPA is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists. NCPA maintains responsibility for this program and its content. This workshop is offered for 1 hour of Category A credit.

# Attendance Requirement for CE Credit:

To receive CE credit, you must attend the entire workshop. No credit will be given to participants who are more than 5 minutes late at the beginning of the workshop. You must be present at the close of the workshop and sign-in and sign-out. You may not be excused early. Partial credit is not provided.

Citations: Available upon request.